

6

P Departure Sp 477
 X Arrival Sp 477
 Length Km 8.5
 Route Circular Walk
 Gradient m. 220
 Difficulty Challenging

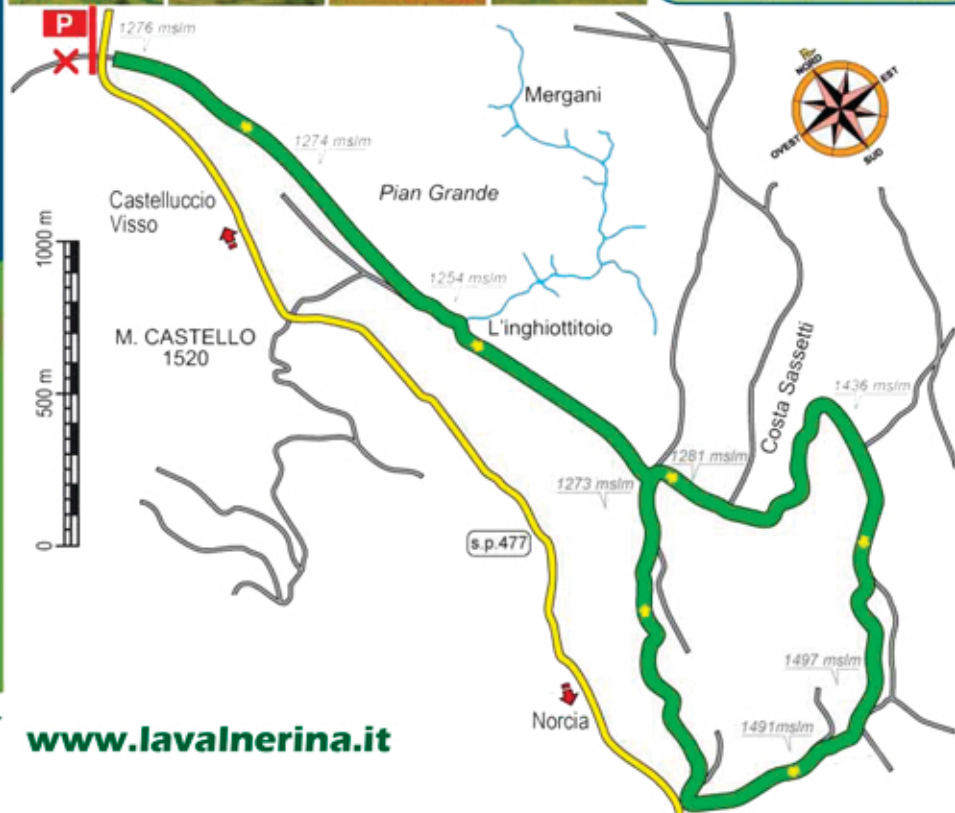
The plain of
Castelluccio



da Norcia

Follow the SS 685, and take the first exit after the cemetery. At the roundabout take the second exit on to the SP 477. When you get to Pian Grande, go to the car park.

Norcia



The walk as far as the sinkhole is easy and accessible to everyone, whereas the final stretch is not so clear and is suitable only for experienced hikers. At the beginning of the walk it is hard not to be enraptured by the vast expanse of the Pian Grande which, together with Pian Piccolo and Pian Perduto form part of a large basin of tectonic and karstic origin, where water gathers on the bottom of the basins and then very probably flows to the Marcite di Norcia. After 1.5 km from the starting point, keep on the same path to get to the Fosso dei Mergani and its sinkhole (an underground structure like a natural aqueduct), where the waters of the basin flow into underground tunnels. From here you can choose to turn back or you can continue towards Costa Sassetti by taking the path below the wood and then going into the cool, beech wood of Macchia Carbonara (a name that evokes the ancient production of charcoal), now walk up to the ski lifts of Mount Cappelletta (1,654 m). Continue along the tarmac road as far as the mountain pass and then go downhill to the right along a path as far as Fosso dei Mergani, where you will meet the path with which to retrace your steps back to your car.